

NEUROPHARMACOLOGY

Ram Raghubir and C. Nath

Introduction

Neuropharmacology has received priority at various scientific institutions, universities and at some medical colleges. It has undergone significant development in the past decade leading to a steady and balanced growth of this discipline. Efforts in this area have been mainly directed to study regulation of some basic neurophysiological processes in the central and autonomic functions, besides elucidating the mechanism of action of centrally acting drugs developed in India or drugs in clinical use. Drug targets and newer models more akin to clinical situation have been standardized or developed for some CNS disorders. Molecular biology techniques have been increasingly used in most of the institutions in the country, thus giving impetus to molecular neuropharmacology.

Research in these areas has involved use of several classical and sophisticated techniques like microinjection, microstimulation, perfusion and superfusion of drugs, implantation of neuronal tissue and or neural stem cells into localised brain areas, selective lesioning of brain nuclei and pathways, use of specific and selective ligands for receptor binding and neurotransmitter turnover studies in discrete brain nuclei and heart. Further, EEG, single unit studies and microiontophoresis into brain neurones (Verma, 1998) have been employed to investigate the neuronal activity in the central nervous system. Use of microsphere technique and direct measurement of vascular blood flow by electromagnetic flowmeter was being used to study the effect of drugs on cardiac output and peripheral blood flow. The present review covers the areas in which significant progress has been achieved, since the publication of last comprehensive neuropharmacology status report by Dhawan and Patnaik (1989). Updates have also been published subsequently by Bhattacharya and Chakrabarti (1993) and Murugensndam et al (2000) as part of Indian National Science Academy's Status Report of Pharmacological Research in India during that period.

Central Nervous System

Stimulation Produced Analgesia

A mild and brief electrical stimulation of tiny sites in the pretectal nucleus of rat evoked potent and long lasting antinociception (Kumar et al., 1990). The pretectal stimulation produced analgesia (SPA) is naloxone sensitive (Kumar et al., 1992).

SPA seems to involve both cholinergic and adrenergic neuroreceptors as well (Kumar et al., 1991 a, b). There is evidence, which suggests involvement of NO in mediation of pretectal antinociception (Kumar et al., 1993a). Morphine microinjection into pretectal nucleus also produced marked and long lasting

antinociception (Kumar et al., 1993b). Microinjection of adrenergic, cholinergic and opioidergic agonists into pretectal nucleus produced mild analgesia, which was prevented or reversed by their respective antagonists (Kumar et al., 1994). Nucleus raphe lesion did not affect but lesion of red nucleus attenuated pretectal antinociception. Interestingly, red nucleus stimulation produced analgesia is also NO mediated (Kumar et al., 1995). These observations strongly suggest that descending pretectal antinociceptive pathway may pass through red nucleus rather than through nucleus raphe magnus. Electrical stimulation and pharmacological tools have clearly identified various neuroreceptors and their ligands in the physiology of pretectal antinociception (Raghubir et al., 1994). Electrical stimulation of tiny sites in pretectal area of monkey also produced antinociception of long duration.

Opioid Receptors and Antinociception

New opioids receptor classification has been proposed by IUPHAR and the subtypes have been renamed following molecular approach as OP_1 for d, OP_2 for m and OP_3 for k opioid receptors (Dhawan et al 1996, 1998).

Derivatisation of metenkephalin at amino and carboxy terminals led to stable analogs, which produced potent analgesia of long duration involving central mu opioid receptors (Raghubir et al., 1990, Nath et al., 1995). Further combination of met and leu enkephalin in the ratio 4:1 produced more marked analgesia indicating their possible physiological synergy in endogenous analgesic mechanisms (Raghubir et al., 1999). Khosla et al (2000) reported that both the leaf extract and seed oil of *Azadirachta indica* possess antinociceptive activity in rat, however the leaf extract was more potent.

Jain et al. (2003) reported that sildenafil-induced analgesia is mediated via the inhibition of PDE-5. The results also indicate that the guanylate cyclase system is stimulated in the peripheral nociceptive reaction. Sildenafil produced analgesia can be potentiated by sodium nitroprusside and L-arginine, probably through the activation of the NO-cGMP pathway. Further, sildenafil increased the antinociceptive response of morphine, probably through the inhibition of cGMP degradation (Jain et al 2001). Sumatriptan, a novel 5-HT_{1D} receptor agonist and anti-migraine drug was found to have antinociceptive effect in mice by possibly releasing acetylcholine (Jain et al., 1998).

Gupta Y.K. et al. (1997a, 2001) showed the analgesic effect without significant tolerance following co-administration of sub-maximal doses of trans resveratrol and morphine. The results suggest that trans resveratrol may interact with k-receptor and not with the μ -receptor. The study suggests the advantages of combination of trans-resveratrol and opioids in treating pain. There is dopaminergic involvement in adenosine A1 receptor-mediated antinociception suggesting that an interaction between adenosine and dopamine may be involved in nociception (Malhotra et al., 2000).

Gupta S. et al. (1997b, 2001) and Hanif et al. (2006) studied the effects of intracerebro-ventricularly administered chimeric peptide of met enkephalin and FMRFa—[D-Ala2] YFa-on antinociception and its modulation in mice.

An increase in expression of opioid receptor-like 1 (ORL1) and m-opioid receptors was seen in the spinal cord of morphine tolerant mice that may be a contributing factor to morphine tolerance (Ray et al., 2005). Up-regulation of μ -opioid receptors in the spinal cord of morphine-tolerant rats was found by *in vitro* tissue autoradiography using [3H]-DAMGO. This up-regulation of μ -receptors after morphine tolerance suggests that a fraction of the receptors have been desensitized, which in turn could lead to tolerance (Ray et al., 2004).

Blood-Brain Barrier

Blood brain barrier (BBB) is a physiological mechanism to protect the brain from potentially toxic substances circulating in the blood. Study of basic mechanisms involved in regulation of this barrier have given some interesting results with the possibility of using them therapeutically. The blood brain barrier was found to be modulated by toxic metals like cadmium (Shukla et al., 1996a). The role of free radicals and the status of their scavenging enzymes during normal physiological state and after its induced disruption as well as ageing were studied in rat (Shukla et al., 1993) and monkey (Shukla et al., 1995b). The permeability of the BBB is altered in several metabolic derangements, infections, poisoning and other pathological conditions. Induction of NOS activity after exposure to lipopolysaccharide (LPS) contributes to the increase in BBB permeability (Shukla et al., 1995a). These studies thus demonstrated the involvement of NO/Arginine pathway and ROS in the opening of the blood brain barrier (Shukla et al., 1996b).

Electrophysiological studies

Iontophoretic application of L-arginine or SNP to the vasoactive neurons in ventrolateral medulla produced significant inhibition of synaptic activity of these neurons by activating the cGMP pathway (Verma and Raghubir, 1997). However, anti-hypertensive drugs, clonidine and centhaquin also caused marked inhibition of the discharge rate of ventromedullary neurons without involving cGMP pathway (Verma, 1998).

Behavioral Responses

Role of central neurotransmitters like acetylcholine, GABA, dopamine and opioids in regulation of foot shock induced aggression was investigated (Dhawan et al., 1990). Central dopaminergic mechanism was found to be involved in facilitatory effect of piracetam on foot shock induced aggression (Pant et al., 1993). The thermal nociception based testing procedure for pain response was found to induce avoidance learning in mice on repeated exposure (Saxena et al., 1991). Receptor mechanism for morphine induced Straub's response in mice was delineated and

opioid μ -2 receptor mechanism was found to be involved (Nath et al., 1994). It was found that some calcium channel blockers, which have more accessibility to brain and exert significant influence on behavioral responses like depression and aggressive behavior in mice (Srivastava et al., 1997, Srivastava and Nath, 2000). Bhatwadekar et al., (1999) observed facilitatory effect of nicotine on behavioral effects mediated via monoamine neurotransmitters and potentiation of antidepressant activity of amitriptyline.

Kulkarni and co-workers have investigated the role of GABA_A/Benzodiazepine receptors in the actions of anxiolytics, anticonvulsants, alcohol, development of tolerance and dependence, psychotropic actions of herbal preparations have been extensively worked out using various behavioral paradigms (Aley et al., 1989, Kulkarni et al., 1991, Reddy et al., 1997c). These workers have found an important role of neuronal nitric oxide pathway in the behavioral effects of ACTH (Reddy et al., 1998a).

It has been shown that melatonin, a pineal hormone and a regulator of biological clock as a modulator of GABA_A receptors, affects behavioral paradigms (Shaji et al., 1998 a). The role of melatonin in depression has been also studied by these workers (Shaji et al., 1998 b). Further, benzodiazepine inverse agonist FG 7142 induced delayed behavioural depression in mice (Chopra et al., 1988).

Hyperforin, a prenylated phloroglucinol present in *Hypericum perforatum* (HP), has been suggested to be primarily responsible for the antidepressant activity of HP. Many of the experimental and clinical studies have confirmed the antidepressant activity of hyperforin. Indian *Hypericum perforatum* (IHp) extract standardised for hyperforin lacked MAO-A and B inhibitory activity. Additionally, IHp showed antidepressant, anti-amnesic, anxiolytic, anti-inflammatory and analgesic, and anti-stress activities in various animal models (Kumar et al., 1999a, 1999b, 2000a, 2000b, 2000c, 2001a, 2001b, 2002, 2003, 2004).

Memory Functions

A comparative profile of acetylcholinesterase (AChE) enzyme on the basis of age and gender in rats was obtained. The salt soluble fraction (G1 molecular form) of AChE and detergent soluble fraction (G4 molecular form) of AChE showed significant differences in distribution between the brain areas in male and female rats of the same age group. There was significant decrease in AChE activity with age in male and female rats (Das et al 2001). It was observed that acute immobilization stress in mice decreased activity of AChE (G4 molecular form) in the brain and improved cognition in passive avoidance test, while chronic stress failed to induce any significant change on the observed parameters (Das et al., 2000). These workers also studied the estrogenic influence on AChE activity. It was found that ovariectomy increased acetylcholinesterase activity in the brain areas but not in a uniform manner and only affects qualitative (no transfer response)

aspects of memory function, which could be improved by estrogen supplementation (Das et al 2002 a).

The study of activity of G_4 and G_1 molecular isoforms of AChE on learning and memory functions suggest that hippocampal G_4 isoform play a predominant role in learning and memory, as the changes in its activity correlate with events of training, dementia and anti-dementic tacrine treatment (Das et al., 2005).

Further efforts were made to correlate the anticholinesterase activity as possible mechanism for anti-dementic properties of *Ginkgo biloba*, a drug used in the treatment of dementia (Das et al 2002 b). A memory enhancing property has been demonstrated in gugulipid, an ethyl acetate extract of the resin of plant *Commiphora whighitii*. It is an established hypolipidemic agent and major constituent of gugulipid is guggulsterone [4, 17 (20)-pregnadiene-3, 16-dione]. Gugulipid showed primary anti-dementic activity in Streptozotocin (ICV) induced model of memory impairment. A US patent for gugulipid, as memory enhancer has also been obtained (Nath, 2006). Antiamnesic activity of scopolamine was investigated on different stages of memory and it was found that it does not affect recall process (Das et al., 2003). The extracts of *Evolvulus alsinoides* showed significant anti-amnesic activity alongwith anti-stress property (Kiran Babu et al., 2005).

Sharma et al. (2001a) and Veerendra et al. (2002a) demonstrated the significance of oxidative stress in the development of experimental models for dementia by intracerebroventricular streptozotocin and colchicine. These co-workers also evaluated the effect of antioxidants, melatonin (Sharma et al., 2001b), trans-resveratrol (Sharma et al., 2002), alpha lipoic acid (Sharma et al., 2003 and 2005) as well as indigenous Indian medicinal plants such as *Centella Asiatica* (Veerendra et al., 2002b and 2003) and *Hypericum perforatum* (Kumar et al., 2004) in these models of dementia.

Roychoudary et al., (1996) reported that 5-HT receptor system, particularly 5-HT₃ receptors, may play a modulating role in learning and memory in animal models. Kulakrni et al., have demonstrated the memory enhancing prevention of opioid tolerance of BR-16A, a herbal formulation available in the market (Kulkarni et al., 1992a, 1992b and 1993).

Drug Dependence

Neuropharmacological aspects of dependence induced by several psychoactive substances have been investigated. Diazepam, diphenhydramine, haloperidol and chlorpheniramine attenuated withdrawal signs of methaqualone (Gupta et al., 1990). A comparative study on physical dependence due to benzodiazepines suggested an inverse relationship between half-life and severity of physical dependence (Gupta et al., 1993). Concomitant administration of diphenhydramine potentiated physical dependence of lorazepam and methaqualone but inhibited that of cannabis. Cannabis (leaves extract) induced physical

dependence was less severe in comparison to benzodiazepine and methaqualone (Nath et al., 1994). Complete suppression of withdrawal signs of lorazepam was observed following administration of diphenhydramine, verapamil or nimodipine during the withdrawal period (Gupta et al., 1996, Nath et al., 1997). These observations indicate usefulness of these drugs in the therapy of benzodiazepine methaqualone and cannabis withdrawal syndrome. Central dopaminergic (D1 and D2), histaminergic (H1 and H3) and serotonergic (5-HT₂) receptors were found to play facilitatory role in development of benzodiazepine dependence (Nath et al., 2000). Possible role of peripheral benzodiazepine receptors in anti-addictive profile of melatonin has been reported by Raghavendra et al., (1999).

It was observed clinically that nitrazepam has similar abuse liability as diazepam (Prasad et al., 2001). Kulkarni and co-worker investigated central effects of neurosteroids. The studies conducted on immobilization and hypoxic stress suggested the pivotel anti-stress role of neurosteroids (Reddy et al., 1996 and 1997b). Studies on dependence and tolerance by morphine and benzodiazepines suggested the role of dihydropyridine-sensitive Ca²⁺ channels and mitochondrial DBI receptors in the anti-addictive action of neurosteroids and further potential utility of specific neurosteroids in the management of tolerance and dependence (Reddy et al., 1997a and 1998b). Detailed investigation of neurosteroids on new animal models of anxiety demonstrated the differential effects of neurosteroids in anxiety (Reddy et al., 1997c). Many of the neurosteroids induce hyperphagia by acting on GABA_A and mitochondrial DBI receptors (Reddy et al., 1998d). Chronic studies have shown oestrus cycle and gender dependent effect of both neurosteroids and benzodiazepines (Reddy et al., 1998e). Neurosteroids modulated learning and memory behavior by acting at sigma receptors and neuronal nitric oxide pathway (Reddy et al., 1998a). Neurosteroids pregnenolone sulfate and dehydroepiandrosterone sulfate were shown to have pro-convulsant effects (Reddy et al., 1998c). The studies on neurosteroids are a pioneering approach and have opened up a new concept in the central modulation of behavioral disorders.

Kulkarni and co-workers found that pretreatment with rofecoxib or nimesulide displayed significant protection against ethanol-induced withdrawal symptoms, while naproxen was not effective, suggesting the role of COX-2 isoforms (Dhir et al., 2005 b).

Primate behavior

The profile of behavioral effects of various centrally acting drugs like antipsychotic, antidepressant, antianxiety and calcium channel blockers on rhesus monkey has been studied (Kumar, 1999a, Kumar et al. 1999b, Palit et al., 1992, 1997a, 2001). Haloperidol significantly reversed amphetamine induced hypervigilance stereotypy and oral hyperkinesias suggesting positive role of dopamine in these behavioral effects (Palit et al., 1995). A primate model of anxiety using sub-convulsant dose of pentylenetetrazol has been developed (Palit et al., 1998). The behavioral

effects of isatin, a postulated endocoid marker of stress and anxiety, were blocked by diazepam (Palit et al., 1997b).

Parkinsonism

Centrally administered GABA, 5-HT and histamine exerted significant modulatory influence on tremor, hypokinesia, rigidity and catatonia in rodent models of parkinsonism (Nath et al., 1990). MPTP - a neurotoxin producing parkinsonism, was also studied for its behavioral effects in monkeys and rodents. Opioidergic effects including, antinociception and Straub tail were produced by MPTP in mice and these effects were not linked to its conversion to MPP (Nath et al., 1991; Srimal and Nath 1992). Injection of 6-hydroxydopamine (6-OHDA) into the striatum led to a significant reduction in dopamine and its metabolites in the striatum in a time dependent manner. Interestingly iNOS induction was observed 72 hours after 6-OHDA injection (Barthwal 2000).

Mathur et al. (1999) studied the effect of adenosine modulating drugs in the FeCl_3 -induced model of Parkinsonism in rats. In animals bearing unilateral FeCl_3 induced lesion of the dopaminergic nigrostriatal pathway, stimulation of adenosine receptors with adenosine, dose-dependently reduced the ipsilateral rotations induced by apomorphine. A specific agonist of adenosine A2A receptor, CGS-21680, also completely blocked the rotations induced by apomorphine, while the specific A2 receptor antagonist, CGS-15943A, potentiated it indicating a negative postsynaptic interaction between dopamine and adenosine receptors.

Kulkarni and co-workers developed a new animal model for tardive dyskinesia (Naidu et al., 2000 and Jain et al., 2001) Haloperidol-induced orofacial dyskinesia, has been shown to be similar to the symptoms of tardive dyskinesia and the involvement of different neurotransmitter systems such as dopamine, GABA, serotonin, glutamate and their interactions has been demonstrated (Naidu et al., 2000 and 2001 a,b,c). They also revealed the possible role of cyclooxygenase cascade as mediator in the pathophysiology of Parkinsonism and the potential therapeutic usefulness of COX inhibitors in these disorders (Naidu et al., 2002). Further, role of oxidative stress and neurotoxic mechanisms in the pathogenesis of neuroleptic-induced tardive dyskinesia was experimentally validated in some of their recent studies. The studies have explored the role of certain natural products such as quercetin, a bioflavonoid (Naidu et al., 2003 a, b).

Convulsive Disorders

Pretreatment with COX-inhibitors aspirin, naproxen, nimesulide or rofecoxib showed dose dependent protection against pentylenetetrazol (PTZ) induced convulsions. COX-2 inhibitors were more effective as compared to non-selective COX-inhibitors. COX-2 inhibitors were ineffective against maximal electroshock-induced convulsions (Dhir et al., 2005 a,b, 2006b). Pretreatment with nonselective COX-inhibitor naproxen or selective COX-2 inhibitor rofecoxib showed significant

protection against PTZ-induced kindling in mice. Chronic treatment with COX-2 inhibitors significantly reversed the PTZ-induced biochemical alterations (Dhir et al., 2006a). Chronic treatment with naproxen or rofecoxib significantly attenuated the immobilization stress-induced behavioral and biochemical alterations (Dhir et al., 2006b).

Gupta and co-workers have developed and validated lithium – pilocarpine induced seizures as an experimental model for status epilepticus. The wide range of lithium pretreatment time adds flexibility to the experimental schedule (Chaudhary et al., 1999, 2001). They have also standardized an indigenous device for continuous recording of seizure activity in rats. The device cannot only record the different seizure components, but also quantifies the latency and duration of seizure activity (Malhotra et al., 1997).

Gupta and co-workers have made efforts to identify endogenous anticonvulsant substances. The role of adenosinergic system was studied in experimental seizures in rats. Adenosine and stable adenosine analog 2-CADO pre-treatment offered significant protection against PTZ-induced seizures. Adenosine and the A1 agonist CPA, in doses that protected against seizures after acute PTZ-administration, offered only incomplete protection when tested against PTZ-kindled seizures (Gupta et al., 1997b and Malhotra and Gupta et al., 1997). Combination of subconvulsant doses of adenosine and the conventional antiepileptic drugs, afforded greater protection than either drug alone (Malhotra et al., 1999, Srivastava et al., 2001a, 2001b). However, adenosinergic agents failed to provide any protection against theophylline-induced seizures.

This suggests non-involvement of adenosinergic system in theophylline-induced seizures (Gupta et al., 1998). Melatonin, an endogenous antioxidant substance, and naturally occurring bioflavonoids from grapes (vineatrol and trans resveratrol) showed antiepileptic activity against kainic acid, PTZ and FeCl₃ seizures (Srivastava et al., 2002a, Gupta et al., 1997a, 2001; Saxena et al., 1999).

The encouraging results and wide therapeutic margin led to the first clinical trials of melatonin as add-on treatment in children with epilepsy. The trial also evaluated the effect of add-on melatonin on the sleep behavior as well as quality of life of these children on sodium valproate/carbamazepine monotherapy using a parental questionnaire (Gupta et al., 2006).

Somani et al (1999) investigated dopaminergic mechanism in seizures. Haloperidol inhibited bicuculline-induced seizures probably by reducing the excitatory input to the cerebral cortex and bicuculline potentiated haloperidol-induced catalepsy in mice by reducing dopaminergic transmission in substantia nigra. Khanna et al (2000) showed that both nifedipine and nimodipine, the calcium channels blockers, possess, anticonvulsant activity (Khanna et al., 2000).

Ambawade et al. (2002) reported inhibitory effect of ethanolic extract of *Glycyrrhiza glabra* on PTZ and lithium-pilocarpine-induced but not on MES induced convulsions. Kulakarni and co-workers showed that *Withania somnifera* root extract was effective against PTZ-induced kindling epilepsy in mice and amygdaloid kindling in rats (Kulkarni et al., 1995). The functional and receptor assays have demonstrated that it has GABA_A receptor facilitatory action (Kulkarni et al., 1993).

Cerebral Stroke

Gupta et al., (2004) and Raghubir and colleagues [Manhas et al., (2004), Manhas (2007), Sharma (2008), Mehta (2008) and Nakka (2008)] validated middle cerebral artery occlusion (MCAO) model of acute ischemic stroke in rats. Melatonin (Sinha et al., 2001), adenosine (Gupta et al., 2002), α -tocopherol (Chaudhary et al., 2003a), naturally occurring bioflavonoids i.e. vineatrol and trans resveratrol (Sinha et al., 2002) endothelin antagonist [TAK-044] (Gupta et al., 2005) were found to be effective against MCAO induced reperfusion injury in rats. The combination of melatonin (potent antioxidant) and meloxicam (preferential inhibitor of cyclooxygenase-2, did not show significant difference as compared to the effect of individual drug alone. *Withania somnifera* a well-known anti-inflammatory, antistress, hemopoietic immunomodulatory and antioxidant herbal drug showed anti-stroke property in MCAO model (Gupta et al., 2004 and Chaudhary et al., 2003b).

The CDRI scientists led to the development of an antistroke herbal medicament, which has been licenced to Themis Medicare Limited, Mumbai. Raghubir and coworkers have done extensive work to understand the pathophysiology of cerebral ischemia. The heat shock proteins offer significant neuroprotective effects following cerebral ischemia (Manhas et al., 2004). An understanding of molecular mechanisms modulating the chain of events leading to cellular survival / damage may help to generate potential strategies for neuroprotection (Nakka et al., 2008). The current status on the molecular mechanisms of stroke pathophysiology with an endeavour to identify potential molecular targets has been reviewed. Hence, selecting promising targets from various signaling cascades, for drug discovery and development is very challenging. Nevertheless such approaches may lead to the emergence of new avenues for therapeutic intervention in cerebral ischemia (Mehta et al 2007). A time dependent increase in mitochondrial membrane potential was found during reflow after ischemia in the Mongolian gerbil by treatment with NOS inhibitors and the blocker of the fast sodium channel. The ischaemic damage aggravated by a sodium ionophore was attenuated by specific NOS inhibitor indicating the prime role played by neuronal NO and sodium ion (Chaudhary et al., 1999).

Changes in Peripheral NO in CNS diseases

Studies undertaken to identify peripheral markers in various constituents of blood of patients of Parkinson's disease (PD), migraine, schizophrenia and

depression showed the increase in nitrite content was specific to polymorphonuclear leukocytes (PMNLs) and no such changes were observed in the platelets or plasma. These findings suggest involvement of NO in PD (Barthwal et al., 1999). During headache free period platelet nitrite content and aggregation response were altered in migraine patients (Barthwal 2000). Patients of schizophrenia and depression on the other hand exhibited a significant decrease in the PMNLs nitrite content (Srivastava et al., 2001c) while beta-adrenergic receptor binding sites were decreased only in the patients of depression (Srivastava et al., 2002b). Migraine patients did not demonstrate change in the PMNs nitrite content but increase in the platelet NOS activity was reverted back to the normal level within few days after the migraine attack (Shukla et al., 2001, 2004). Nitrite level in the CSF of motor neuron disease patients were also investigated (Shukla et al., 2003). Centropazine inhibited inositol phosphate but not cyclic AMP accumulation in cerebral cortical slices of the rat. It also displaced the binding of prazosin but had no effect on adrenergic receptor binding to the rat cortical membranes (Dikshit et al., 1993).

Anorexia

Anorexia induced by quipazine is largely mediated through 5-HT₂ receptors, while fenfluramine effect is mediated through 5-HT₁ - receptors (Shukla et al., 1990). The growth hormone releasing hexapeptides-6 (GHRP-6), besides exhibiting orexigenic profile, has potent antianorexigenic effect as well (Tripathi, 2000).

Central Modulation of Gastric Motility

Gupta and co-workers (Kacker & Gupta 1996, Kacker et al., 1999) showed the protective effect of carbachol and cisapride against raised intracranial pressure induced gastric emptying and suggested that suppression of vagal activity due to increased ICP may play an important role in the inhibition of gastric emptying due to intracranial hypertension (Kacker et al., 1996 and 1999). Gupta and co-worker also reported antiemetic effect of the acetone and ethanolic extract of ginger (*Zingiber officinale*) against cisplatin-induced emesis in dogs (Sharma et al., 1997, 1998; Gupta et al., 2002).

Central adrenergic and cholinergic systems showed facilitatory influence on stress induced gastric ulcer in rats. Verapamil and PolyI -PolyC were effective in suppressing stress-induced gastric ulcer (Nath et al 1998). Various amino acid derivatives were found to moderate the proton pump activity and ulcer induced increase in the gastric acid content (Rastogi; 1997 and Dixit; 2000).

Central Cardiovascular Control

Studies have been conducted to gain insight into the central mechanisms involved in the onset and maintenance of blood pressure, cardiac arrhythmias, and myocardial ischemia.

Blood Pressure

Effect of chronic pretreatment of rats with anti-hypertensive drugs like reserpine, hydralazine, clonidine and centhaquin was investigated on 5-HT₁, 5-HT₂, alpha adrenergic, beta adrenergic, dopaminergic and cholinergic receptors in the cortex, caudate, hypothalamus and medulla (Gulati et al., 1991a, b).

Topical application of sodium nitropruside (SNP) to the exposed surface of ventro-lateral medulla in the cat also produced hypotension and bradycardia, which was reversed by methylene blue suggesting role of NO in the central modulation of circulation (Verma and Raghubir, 1997).

Involvement of nitric oxide (NO), arginine and cyclic guanosine monophosphate (cGMP) pathways in the central regulation of blood pressure has been demonstrated in normotensive cats and hypertensive rats (Hegde et al., 1994).

Further, relationship between blood pressure level and brain nitric oxide synthase (NOS) activity has been investigated in the aortic-banded rats. NOS activity was significantly reduced in the medulla and hypothalamus of hypertensive rats. Moreover, anti-hypertensive drugs, captopril, nifedipine or centhaquin normalized the blood pressure and brain NOS activity in these animals (Hegde et al., 1997).

Endothelin, a vasoactive peptide blocked the hypotensive and bradycardiac effect of clonidine administered by intracerebroventricular or intravenous routes. However, hypertensive effect of clonidine was potentiated (Gulati and Srimal 1992, 1993).

Thermoregulation

Cyclo (His-Pro) modulates body temperature and its analogs attenuated ethanol induced hypothermia in *Mastomys natalensis* (Shukla et al 1994, Carlton et al., 1995).

Biogenic Amines

The ontogeny of biogenic amines in various brain structures and peripheral tissues in *Mastomys natalensis* has been studied during parasitic infections. The results suggest that functional maturations of the brain is accompanied by a progressive increase in the levels of biogenic amines. Pharmacological studies related to drug indicate that changes in body temperature may be associated with changes in certain neurotransmitter levels in specific brain regions. Furthermore, filaria infection induced marked alterations in histamine levels in brain structures and lungs of *Mastomys natelensis* (Pandey et al., 1991).

Evidence for involvement of N-type calcium channels on presynaptic nerve terminal in the release of acetylcholine and L-type calcium channels on chromaffin cells in the secretion of catecholamines has been suggested (Shukla et al., 1991, Lopez et al., 1992).

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